



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE SEVENTEENTH SUNDAY AFTER PENTECOST ♦ SEPTEMBER 16, 2018

Why We Say the Creeds: A Series by Dean Thomason

TODAY, SEP. 16 & NEXT SUNDAY, SEP. 23, 10:10-10:50 A.M., *Bloedel Hall*
In this two-week series, we will explore the historical and liturgical context for the creeds as we wrestle with their content and meaning, and why we use them still. We will also look at alternative forms of the creed.

Sunday programs for children and youth resume today!

Sunday morning programming for preschool-12th grade resumes today at 10:10 a.m. Need directions? Ask an Usher, Greeter, or anyone with a name tag!

Children ages 3-8 - Explore sacred Bible stories and liturgical traditions in a Montessori-style format known as Godly Play. **Children ages 8-11** meet at the same time to talk about the scriptures and pray for our community and our world by following a curriculum called "Jesus and His Kingdom of Equals." Both groups meet in the St. Nicholas Building. **Youth in grades 6-12:** Donuts and Conversation. Join fellow youth for conversation about life, culture, school, faith and finding our place in the world. Meet in the Youth Room (Basement of Cathedral House.)



Resilience in Troubling Times: Developing Spiritual Practices that Sustain Us on the Journey

Facilitated by Saint Mark's Clergy

WEDNESDAYS, SEP. 19 & 26, 6:45 P.M., *Bloedel Hall*

Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20); Program: 7 p.m., no fee

In a recent sermon Dean Thomason encouraged all parishioners to attend this two-week program as we discern ways of being in the world. An optional dinner (\$7 per person) precedes the program. Participants will explore a variety of ways to incorporate spiritual practices into daily life that can assist us in making our way in a troubled world more gracefully, less anxiously, with

flourishing and faithfulness as integral experiences.

Liturgical Minister Training

SATURDAY SEP. 22, 9 A.M.-12 P.M., *Cathedral Nave*

Whether you're a veteran in one of the many ministries that support our worship, or you'd like to become involved, every person in these ministries is expected to attend one of these trainings which are offered twice a year. It behooves us to reflect theologically on what it is that we do, and why. This is the central purpose of these trainings, while also engaging in the technical aspects of our roles. To sign up please contact Erik Donner, edonner@saintmarks.org.

9 a.m.-10 a.m. Practical training: Acolytes, Lectors, Ushers, Greeters, 7pm Sacristans

10 a.m.-11 a.m. Plenary session for all, facilitated by Dean Thomason, Canon Kleinschmidt and The Rev. Cristi Chapman

11 a.m.-12 p.m. Practical training: Eucharistic ministers, Eucharistic visitors, Altar Guild, Choirs

Fall Inquirers' and Confirmation Class

SATURDAYS, OCT. 6 & 13, 9:30 A.M., *Bloedel Hall*

No matter where you are on your journey, you are welcomed to this two-week series, which covers the basics of the Christian faith through the Episcopal lens. Contact The Rev. Cristi Chapman, cchapman@saintmarks.org.

Young Adult Dinner at the Deanery

TODAY, 6-9 P.M. *901 Federal Ave E.*

Those in their 20s and 30s are invited to dinner at Dean Thomason's home, 901 Federal Ave. E. (a short 3-block walk from the cathedral). Some may choose to attend Compline at 9:30 p.m. afterward. All are welcome—bring a friend, too!

Cathedral Book Group

TODAY, 1-2:30 P.M., *Cathedral House 209*

The Cathedral Book Group will meet to discuss *When Breath Becomes Air* by Paul Kalanithi. For more info, contact Pearl McElheran, pmcelheran@comcast.net.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

The flowers in the Cathedral Nave are given to the glory of God and in loving memory of Deanna Theiss.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. James, Cathlamet; St. Stephen, Longview; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee, Christopher White

THOSE WHO HAVE DIED

Adrian
James Thompson
Logan
Bernice Todd
John McCain
Kofi Annan
Linnie Martin

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Deborah Anderson's Family	Rich Stanley
John Black	David Thompson
Willard Bratton	Vicki Wright
Deborah Brown	Christina & Jennifer
John Patrick Burke	Jordan
Ron Deal	Karina & family
Polly Hankins	M
Linda Hunter	Margaret & family
Ron Jangula	Max, Nico, Julian, & Leo
Linnie Martin	Moira
Chris Michaelsen	Peter
Cheryl Roberts & Miller Adams	Suzy & family

Protagonist, works by artist Sara Alfageeh

This collection of graphic illustrations is on display in the Hallway Gallery (second floor of Cathedral House) through September 23. Highlighting different points in Alfageeh's journey as a graphic illustrator, *Protagonist* considers the various sources of characters that shape our own story. These prints are available to purchase for \$150 each; all proceeds benefit the Visual Arts Ministry at Saint Mark's. Contact Vi Lynk, vilynk@me.com.



Special parish forum: The Cathedral is getting a new Baptismal Font

SUNDAY SEP. 30, 10:10 A.M., *Bloedel Hall*,
Facilitated by Dean Thomason

The Cathedral has received a wonderful gift to commission NW artist Julie Speidel to design a new baptistery that fits the spacious cathedral and has running water! The piece incorporates both ancient and modern concepts while celebrating the rich tradition of Christian baptism handed down to us. In this forum, we will describe the design process, theological underpinnings for the design, and next steps. The artist and others involved in the design process will be on hand as well.

Join the Advent Event Planning team!

SUNDAY, SEPTEMBER 30, 12:15 P.M., *Cathedral Nave*
We are gathering a group of people interested in creating the Annual Advent Event, which will be held on Sunday evening, November 25 this year. In years past this has been a festive gathering of parish-wide friends making crafts, eating treats, assembling advent wreaths, and selecting contemplative practices to settle us in the Advent Season. We will gather on Sep. 30 after the 11 a.m. service to dream and plan this evening together. Contact Cristi Chapman (cchapman@saintmarks.org) or Kelly Moody (kmoody@saintmarks.org) if you're interested in joining the team!

20s + 30s: Questioning Together

MONDAY, OCTOBER 1, 7:30 P.M., *Leffler Living Room*
This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We will meet on the first Monday of every month. The topic for October: "Do you call yourself a Christian? What does this mean to you?" Wherever you are in your faith journey, you are welcome. A light dinner will be served; an RSVP is appreciated but not required. To RSVP or for questions, contact Rachel McNary, rachel.mcnary@gmail.com. We look forward to seeing you there!

What is this thing called Choral Evensong and why does it matter?

Led by Canon Musician Michael Kleinschmidt

WEDNESDAY, OCTOBER 3, 6:45-8:15 P.M. *Bloedel Hall*

Canon Kleinschmidt will lead a discussion of the shape of Evensong and the ways in which Evensong shapes God's people. There will be singing, listening, praising, praying and a hearty invitation to attend Choral Evensong on the following Sunday with a renewed appreciation for this beloved liturgy.

Youth First Sunday Post-Evensong: Bowling with the Dean

SUNDAY OCTOBER 7, 6:30-8 P.M., *Kenmore Lanes*

Dean Thomason will channel his best and worst "Big Lebowski" bowling moves with the Youth of Saint Mark's and their families. Join us for Evensong at 4:30 p.m., then head north to bowl our hearts out. \$8 gets you shoes and one game, \$13 for two games. We will cover anyone for whom the cost is a hardship (we just want you to come). We may try parents versus youth in composite scoring, the winner taking the Cathedral Cup 'til next time! We will order pizza while there—the Dean's treat. Come and join the fun! Questions? Contact Canon Daugherty, jkdaugherty@saintmarks.org.



Sanctuary at Saint Mark's: Immigration Reform in Washington State with Attorney General Bob Ferguson

WEDNESDAY, OCTOBER 17, 7-8:30 P.M., *Cathedral Nave*

Saint Mark's presents Washington State Attorney General Bob Ferguson, who will share his thoughts on the

current state of immigration both locally and nationally, as well how we can continue our involvement toward sensible and- equitable policies. Following is a panel discussion moderated by The Right Rev. Greg Rickel, Bishop of the Diocese of Olympia, with Marcos Martinez, Executive Director of Casa Latina; Estela Ortega, Executive Director of El Centro de la Raza; and Michael Ramos, Executive Director of The Church Council of Greater Seattle.

A dedication 90 years in the making! Consecration and Dedication of the Cathedral Renovations

SUNDAY OCTOBER 21, 4:30 P.M., *Cathedral Nave*

Saint Mark's will host a special service of Consecration and Dedication of the cathedral renovations and the new baptismal font, with Bishop Rickel officiating. Among the donor recognitions will be a Donor Wall naming all 806 individual donors and every parish who contributed to this historic capital campaign. Gala reception to follow. We hope to see you there!

Green thumb (or not)—we need you!

With the installation of the labyrinth, there are new possibilities for garden beds in the front lawn. The Saint Mark's Cathedral Garden Volunteers invite you to be part of making those happen! The group meets on the second Saturday of the month, February-November—our next gardening day is October 13. Work involves the basics of good gardening; anyone with or without a green thumb is invited to join! To sign up, contact Norva Osborn, norva@ix.netcom.com.

Volunteer in the cathedral office!

Saint Mark's has an opening for a front desk volunteer in the Cathedral office on Fridays from 9 a.m.-4:30 p.m. This ministry provides the first point of contact to so many who come to Saint Mark's. Tasks include: greeting visitors, answering the phone, and assisting with office projects. Interested in joining this friendly and dedicated team? Contact Irene Beausoleil at 206-323-0300 x227 or ibeausoleil@saintmarks.org.



Choir openings for adults

Saint Mark's Singers (9 a.m. service) currently welcomes new members of all voice parts, and the Cathedral Choir (11 a.m. service) has openings currently in the tenor and bass sections. A meeting with Canon Michael Kleinschmidt is required for both choirs—*without* audition for Saint Mark's Singers, and a *with* audition for the Cathedral Choir. Contact Canon Michael Kleinschmidt, mkleinschmidt@saintmarks.org.

Choir School Registration Open!

The Saint Mark's Cathedral Choir School will teach your children to *pray* with their voices and *sing* praises from their hearts. Register your child for the 2018-19 season at saintmarks.org/choirschool, and spread the word to all the young singers in your life!

Donate to Habitat for Humanity Interfaith Build

Members of the Habitat for Humanity Justice Ministry are raising funds for building materials for the 2018 Interfaith Build in Sammamish, Washington, as well as joining with people of different faith backgrounds to build homes for working families of modest means during the month of October. Want to help? Support us by making a donation to our team. The process is fast, easy, and secure—and you can be sure that it will benefit a great cause. You can contribute at classy.org/team/186863.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

- MONDAY-FRIDAY, 6:30 PM
Evening Prayer: McCaw or Thomsen Chapels
- MONDAYS, 7:15 PM
Centering Prayer in McCaw Chapel or
Thomsen Chapel
- WEDNESDAYS, 12 NOON
Holy Eucharist in Thomsen Chapel
- THURSDAYS, 7 AM
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM - 4:30 PM
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Monday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, September 16 ♦ The Seventeenth Sunday after Pentecost

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
(*Children's Chapel at 9 a.m. in Thomsen Chapel*)
- SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*
"Why We Say the Creeds", with Dean Thomason. More on page 1.
- SUNDAY SCHOOL, 10:10 A.M. *Various locations*
Offerings for children and youth, preschool through high school. Children
are invited to meet in the St. Nicholas Building, and youth in the Youth
Room in the basement of the Cathedral. Ask a greeter or inquire at the
Welcome Table for directions.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*
With times of silence for reflection, simple meditative music by
candlelight. Optional healing prayers are offered following the service.
- COMPLINE, 9:30 P.M. *Cathedral Nave*
Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Support Seattle Service Corps & food justice!

MONDAY, SEPTEMBER 24, 6 P.M.
Lagunitas Brewing Company, 1550 NW 49th St., Seattle, WA
Support the Seattle Service Corps and serve our homeless neighbors at the
same time. SSC has a new partner for one of our participating corps mem-
bers—St. Luke's, Ballard. This relationship involves St. Luke's Edible Hope
feeding ministry, which has been meeting the needs of folks on the margins
in Ballard for decades. St. Luke's needs our help to fund the SSC internship,
so this is a great way to support two worthy causes. Join us for music, food,
raffles, beer (and soft drinks!) to raise money to help feed our neighbors in
need and foster community. Admission is \$20; register at: bit.ly/ediblehope.

Follow the Cathedral Shop on Facebook!

Follow the Cathedral Shop on Facebook. Get advanced news of new mer-
chandise, discounts events and much more! Search "Cathedral Shop" to
find the page.

CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, <i>Seattle Service Corps Director</i>	aconley@saintmarks.org	Liz Bartenstein, <i>Communications Director</i>	lbartenstein@saintmarks.org
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2018-2019 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.