



# SUNDAYS & BEYOND

*The Saint Mark's Cathedral weekly newsletter*

THE SIXTEENTH SUNDAY AFTER PENTECOST ♦ SEPTEMBER 9, 2018

## Ministry Fair today

TODAY, 8:30 A.M.-1 P.M., *Bloedel Hall*

How are you being drawn into deeper spiritual growth and service at Saint Mark's? Come to this festive gathering to learn more about the breadth of ministry opportunities at Saint Mark's. Meet with ministry leaders, enjoy homemade snacks, and engage in conversation with fellow parishioners as we kick off the program year.



## Children's Chapel resumes today

TODAY, 9 A.M., THOMSEN CHAPEL

This liturgy of the Word welcomes children preschool age through second grade. Parents welcome! For more info, contact [children@saintmarks.org](mailto:children@saintmarks.org).

## Parish Listening Process Forum— I-1631

WEDNESDAY, SEP. 12, 7 P.M., *Bloedel Hall, Community dinner: 6-6:30 p.m.*

*(adults \$7, children \$5, max family \$20); Program: 7 p.m., no fee*

Saint Mark's Vestry has been asked to consider endorsing Initiative 1631, the Carbon Emissions Fee Measure that will appear on the ballot this November. You're invited to this parish forum, where you'll hear presentations for and against the initiative, have the opportunity to ask questions and discuss this issue with fellow parishioners. Please come and be part of the discussion.

Questions? Contact Senior Warden Lynne Markova, [lsmarkova@comcast.net](mailto:lsmarkova@comcast.net).

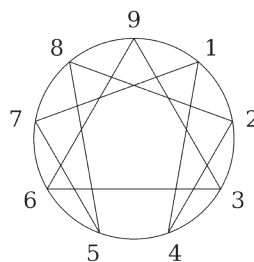
## The Enneagram Workshop is just around the corner—register now!

*Facilitated by Sarah Walston, certified Enneagram instructor*

FRIDAY SEP. 14; 6-8 P.M. & SATURDAY SEP. 15, 9:30

A.M.-2:30 P.M., *Bloedel Hall*

In this workshop participants will focus in greater detail on how the Enneagram informs dynamics of interpersonal relationships in family systems and how it can serve as companion on the spiritual journey of self-work and communal experience. Attendance at prior workshops is not required, but participants should arrive knowing their Enneagram type. Register at [saintmarks.org/wisdom](http://saintmarks.org/wisdom).



## Why We Say the Creeds: A Series by Dean Thomason

SUNDAYS, SEP. 16 & 23, 10:10-10:50 A.M., *Bloedel Hall*

In this two-week series, we will explore the historical and liturgical context for the creeds as we wrestle with their content and meaning, and why we use them still. We will also look at alternative forms of the creed.

## Parking decals—get yours at the Ministry Fair today

Parking decals will be available at the Ministry Fair today; please drop by the table to get your decal. (If you already have a decal, no action is needed!) Decals will be issued at no cost; please be sure to bring your license plate number. The decal, which is to be placed in the lower right front windshield, is needed to park for free in the campus lots when you attend a function any day outside of Sunday.

## Last Splash of the Summer!

TODAY, 4-7:30 P.M., *Golden*

*Gardens Park, picnic shelter #2*

Join us for an end of summer and beginning of the school year party!

Hot dogs, hamburgers, drinks provided; please bring a side dish to share. All are welcome! Questions? Contact Kelly, [kmoody@saintmarks.org](mailto:kmoody@saintmarks.org).

## Hunger Offering today

Today is Hunger Offering Sunday at Saint Mark's, where we take a special donation for six partner food banks in Seattle. These organizations help thousands of Seattleites who are struggling with food insecurity and basic living needs, and your donations make a big difference in their lives. Stop by the Hunger Offering table in the back of the nave to learn about what we do, and how you can help.

## CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or [Joniepr@msn.com](mailto:Joniepr@msn.com). Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. James, Cathlamet; St. Stephen, Longview; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines.

### ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Brian Kee, Christopher White

### THOSE WHO HAVE DIED

Logan  
Bernice Todd  
John McCain  
Kofi Annan  
Linnie Martin

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Deborah Anderson's Family	Chris Michaelsen
John Black	Laura Muglia
Willard Bratton	Taylor Notaro
Deborah Brown	Monte & Melissa Pittz
Ron Deal	Cheryl Roberts & Miller
Mardy Ericson	Adams
John Franklin	Rich Stanley
Mary Gaye	Vicki Wright
Polly Hankins	Christina & Jennifer
Linda Hunter	Jordan
The Rev. Canon Michael Jackson	M Margaret & family
Jason Kind	Max, Nico, Julian, & Leo
Linda Leisy	Moir
Linnie Martin	Suzy & family

### Funeral for Deanna Theiss

The Funeral for parishioner Deanna Theiss will be held on Saturday, September 15 at 3 p.m. in Thomsen Chapel. Reception to follow in the Cathedral Nave.

### Safeguarding God's People training

SEPTEMBER 12, *Bloedel Hall*

*Safeguarding God's Children from 9 a.m.-12 p.m.,*

*Safeguarding God's People from 1-3 p.m.*

The Episcopal Church takes its responsibility for the safety of our people seriously. The Safe Church program teaches how to identify and prevent abuse within the church community, and is conducted several times per year, free of charge. The training consists of two sessions: Safeguarding God's Children and Safeguarding God's People. Ministry volunteers who work with children or elders are required to complete these trainings. If you think you fall into that category, please be in touch with your ministry leader or staff liaison before registering. To register, contact Adam Conley, [aconley@saintmarks.org](mailto:aconley@saintmarks.org).

### Global Climate Action Summit Multi-Faith Service

WEDNESDAY, SEPTEMBER 12, 4 P.M., *Bloedel Hall*

*Community dinner following program (adults \$7, children \$5, max family \$20)*

As part of the Global Climate Action Summit event in San Francisco, Grace Episcopal Cathedral will host a multi-faith service of connection and commitment to sustainable actions. Participating leaders include His Holiness the Dalai Lama, His All-Holiness Ecumenical Patriarch Bartholomew and our own Presiding Bishop, The Most Reverend Michael B. Curry. We will be streaming the webcast in Bloedel Hall. You are invited to stay for supper at 6 p.m. More at [gracecathedral.org](http://gracecathedral.org). Questions? Contact Carolyn White, [car2olyn31@gmail.com](mailto:car2olyn31@gmail.com).

### Young Adult Dinner at the Deanery

SUNDAY, SEPTEMBER 16, 6-9 P.M. *901 Federal Ave E.*

Those in their 20s and 30s are invited to dinner at Dean Thomason's home, 901 Federal Ave. E. (a short 3-block walk from the cathedral). Some may choose to attend Compline at 9:30 p.m. afterward. All are welcome—bring a friend, too! Kindly RSVP to Erik, [edonner@saintmarks.org](mailto:edonner@saintmarks.org).

### Offerings for children and youth at the start of the school year

*Sunday programs for children, youth resume Sept. 16*

Sunday morning programming for preschool-12th grade resumes on September 16 at 10:10 a.m. Register online at [saintmarks.org/children](http://saintmarks.org/children) for:

- Preschool-2nd grade: Godly Play
- 3rd, 4th, and 5th grade: Sunday School
- 6th-12th grades: Donuts and Conversation

### Resilience in Troubling Times: Developing Spiritual Practices that Sustain Us on the Journey

*Facilitated by Saint Mark's Clergy*

WEDNESDAYS, SEP. 19 & 26, 6:45 P.M., *Bloedel Hall*

*Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20); Program: 7 p.m., no fee*

Participants will explore a variety of ways to incorporate spiritual practices into daily life that can assist us in

making our way in a troubled world more gracefully, less anxiously, with flourishing and faithfulness as integral experiences.

### **Cathedral Book Group**

SUNDAY, SEPTEMBER 16, 1-2:30 P.M., *Cathedral House 209*  
The Cathedral Book Group is reading *When Breath Becomes Air* by Paul Kalanithi, MD. For more info, contact Pearl McElheran, [pmcelheran@comcast.net](mailto:pmcelheran@comcast.net).



### **Hosts still needed for Seattle Service Corps!** FRIDAY, SEP. 21-SUNDAY, SEP. 23

As part of Saint Mark's commitment to hospitality to the Seattle Service Corps members who live on the cathedral campus

and serve around Seattle, we are seeking parishioners who would enjoy hosting one of our corps members for a weekend as they begin their year of service. This will be a great way for the corps members to connect with at least one parishioner/family at the beginning of their time in Seattle. Interested? Contact Kara King, [king.kara@gmail.com](mailto:king.kara@gmail.com).

### **Liturgical Minister Training**

SATURDAY SEP. 22, 9 A.M.-12 P.M., *Cathedral Nave*  
Saint Mark's will offer workshops for those interested or already participating in liturgical ministries: acolytes, altar guild, Eucharistic ministers (chalice bearers), greeters, readers/intercessors, vergers, choir, and ushers at any of the Sunday Eucharists. Come explore a new ministry or be refreshed in a ministry you are already doing. Features a plenary led by Dean Thomason as well as breakout sessions with the individual ministries. Contact Erik Donner, [edonner@saintmarks.org](mailto:edonner@saintmarks.org) to sign up. Please let us know which ministry you are interested in—this will impact which portions of the training you need to attend.

### **Protagonist, works by artist Sara Alfageeh**

This collection of graphic illustrations is on display in the Hallway Gallery (second floor of Cathedral House) through September 23. Highlighting different points in Alfageeh's journey as a graphic illustrator, *Protagonist* considers the various sources of characters that shape our own story. These prints are available to purchase for \$150 each; all proceeds benefit the Visual Arts Ministry at Saint Mark's. Contact Vi Lynk, [vilynk@me.com](mailto:vilynk@me.com).

### **Special parish forum: The Cathedral is getting a new Baptismal Font**

SUNDAY SEP. 30, 10:10 A.M., *Bloedel Hall*,  
*Facilitated by Dean Thomason*

The Cathedral has received a wonderful gift to commission NW artist Julie Speidel to design a new baptistry

that fits the spacious cathedral and has running water! The piece incorporates both ancient and modern concepts while celebrating the rich tradition of Christian baptism handed down to us. In this forum, we will describe the design process, theological underpinnings for the design, and next steps. The artist and others involved in the design process will be on hand as well.

### **Choir openings for adults**

Saint Mark's Singers (9 a.m. service) currently welcomes new members of all voice parts, and the Cathedral Choir (11 a.m. service) has openings currently in the tenor and bass sections. A meeting with Canon Michael Kleinschmidt is required for both choirs—*without* audition for Saint Mark's Singers, and a *with* audition for the Cathedral Choir. Contact Canon Michael Kleinschmidt, [mkleinschmidt@saintmarks.org](mailto:mkleinschmidt@saintmarks.org).

### **Choir School Registration Open!**

The Saint Mark's Cathedral Choir School will teach your children to *pray* with their voices and *sing* praises from their hearts. Register your child for the 2018-19 season at [saintmarks.org/choirschool](http://saintmarks.org/choirschool), and spread the word to all the young singers in your life!

### **Fall Inquirers' and Confirmation Class**

SATURDAYS, OCT. 6 & 13,  
9:30 A.M., *Bloedel Hall*

No matter where you are on your journey, you are welcomed to this two-week series, which covers the basics of the Christian faith through the Episcopal lens. Contact The Rev. Cristi Chapman, [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org).



### **A dedication 90 years in the making! Consecration and Dedication of the Cathedral Renovations**

SUNDAY OCTOBER 21, 4:30 P.M., *Cathedral Nave*  
Saint Mark's will host a special service of Consecration and Dedication of the cathedral renovations and the new baptismal font, with Bishop Rickel officiating. Among the donor recognitions will be a Donor Wall naming all 806 individual donors and every parish who contributed to this historic capital campaign. Gala reception to follow. We hope to see you there!

### **Green thumb (or not)—we need you!**

With the installation of the labyrinth, there are new possibilities for garden beds in the front lawn. The Saint Mark's Cathedral Garden Volunteers invite you to be part of making those happen! The group meets on the second Saturday of the month, February-November. Work involves the basics of good gardening; anyone with or without a green thumb is invited to join! To sign up, contact Norva Osborn, [norva@ix.netcom.com](mailto:norva@ix.netcom.com).





SAINT MARK'S  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102  
206.323.0300  
info@saintmarks.org  
saintmarks.org

Wherever you are on  
your journey of faith,  
you are welcome here.

**Weekday Service Times**

MONDAY-FRIDAY, 6:30 PM  
Evening Prayer: McCaw or Thomsen Chapels  
MONDAYS, 7:15 PM  
Centering Prayer in McCaw Chapel or  
Thomsen Chapel  
WEDNESDAYS, 12 NOON  
Holy Eucharist in Thomsen Chapel  
THURSDAYS, 7 AM  
Holy Eucharist in Thomsen Chapel

**Cathedral Office Hours**

MONDAY-FRIDAY, 9 AM - 4:30 PM  
Questions, or need to reach a member of the  
Clergy or Staff? The Cathedral Office main  
number is 206-323-0300.

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of  
updates, events and activities happening on  
campus, and the Cathedral prayer list. It is available  
by electronic subscription, on Saint Mark's website,  
and in print in the nave. To submit announcements  
for these publications, visit  
[saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by  
Monday at 5 p.m. for publication on the following  
Sunday. Announcements may be edited for space  
and content.

*Sunday, September 9 ♦ The Sixteenth Sunday after Pentecost*

HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*  
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector  
MINISTRY FAIR, 8:30 A.M.-1 P.M. *Bloedel Hall*  
Annual celebration of all the ministries at Saint Mark's. More on page 1.  
CHILDREN'S CHAPEL, 9 A.M. *Thomsen Chapel*  
Liturgy for children preschool age through second grade. Parents welcome!  
HOLY EUCHARIST, 9 A.M. *Cathedral Nave*  
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector  
HOLY EUCHARIST, 11 A.M. *Cathedral Nave*  
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector  
CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*  
A spiritual practice open to all.  
CONTEMPLATIVE EUCHARIST & HEALING PRAYER, 7 P.M., *Thomsen Chapel*  
With times of silence for reflection, simple meditative music and lots of  
candlelight.  
COMPLINE, 9:30 P.M. *Cathedral Nave*  
Compline is the service of ancient nighttime prayers, sung by the  
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

**Support Seattle Service Corps & food justice!**

MONDAY, SEPTEMBER 24, 6 P.M.  
*Lagunitas Brewing Company, 1550 NW 49th St., Seattle, WA*  
Support the Seattle Service Corps and serve our homeless neighbors at the  
same time. SSC has a new partner for one of our participating corps mem-  
bers—St. Luke's, Ballard. This relationship involves St. Luke's Edible Hope  
feeding ministry, which has been meeting the needs of folks on the margins  
in Ballard for decades. St. Luke's needs our help to fund the SSC internship,  
so this is a great way to support two worthy causes. Join us for music, food,  
raffles, beer (and soft drinks!) to raise money to help feed our neighbors in  
need and foster community. Admission is \$20; register at: [bit.ly/ediblehope](http://bit.ly/ediblehope).

**New Trimdin reversible jackets in stock at The Cathedral Shop**

Between the detail and construction, these jackets can only be classified  
as fiber art! The unique designs make these pieces reversible and travel  
friendly. Come check them out!

**CATHEDRAL STAFF AND LEADERSHIP**

Adam Conley, <i>Seattle Service Corps Director</i>	<a href="mailto:aconley@saintmarks.org">aconley@saintmarks.org</a>	Liz Bartenstein, <i>Communications Director</i>	<a href="mailto:lbartenstein@saintmarks.org">lbartenstein@saintmarks.org</a>
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Erik Donner, <i>Executive Assistant &amp; Membership Support</i>	<a href="mailto:edonner@saintmarks.org">edonner@saintmarks.org</a>	Steve Thomason, <i>Dean and Rector</i>	<a href="mailto:sthomason@saintmarks.org">sthomason@saintmarks.org</a>
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Jason Anderson, <i>Compline Choir Director</i>	<a href="mailto:director@complinechoir.org">director@complinechoir.org</a>		
Jennifer King Daugherty, <i>Associate to the Rector</i>	<a href="mailto:jkdaugherty@saintmarks.org">jkdaugherty@saintmarks.org</a>		
John Stuntebeck, <i>Associate Organist</i>	<a href="mailto:john_stuntebeck@hotmail.com">john_stuntebeck@hotmail.com</a>		
Karen Komoto, <i>Finance Manager</i>	<a href="mailto:kkomoto@saintmarks.org">kkomoto@saintmarks.org</a>		
Kelly Moody, <i>Director of Children's and Family Ministries</i>	<a href="mailto:kmoody@saintmarks.org">kmoody@saintmarks.org</a>		

**2018-2019 VESTRY**

*Dean and Rector:* The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.