The Holy Eucharist
The First Sunday after Christmas

December 30, 2018
8:00 AM
Newcomers and visitors, the community of Saint Mark’s welcomes you. We hope that you will feel at home in this place and in this liturgy. Mothers are most welcome to breastfeed their infants during the service. Out of respect for the liturgy we are about to celebrate, please turn off all cell phones and audible devices. Please, no photography during the liturgy.

The Reverend Canon Nancy Ross, Associate to the Rector, Presider & Preacher

THE GATHERING

PRELUDE Two settings of In dulci jubilo [tune of Hymn #107: “Good Christian friends, rejoice!”]
1. Chorale Prelude BuxWV 197 Dieterich Buxtehude (1637–1707)
2. Chorale Prelude BWV 608 J.S. Bach (1685–1750)

All rise as able.

HYMN 93 Angels, from the realms of glory • The Hymnal 1982 #93 TUNE: Regent Square
stanzas 1 & 4

OPENING ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.
Assembly And Blessed be God’s kingdom, now and forever. Amen.

COLLECT FOR PURITY Book of Common Prayer, p. 355
Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

GLORIA Book of Common Prayer, p. 356
Glory to God in the highest, and peace to his people on earth.
Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.
Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us;
you are seated at the right hand of the Father: receive our prayer.
For you alone are the Holy One, you alone are the Lord, you alone are the Most High,
Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT OF THE DAY Book of Common Prayer, p. 213
Presider The Lord be with you.
Assembly And also with you.
Presider Let us pray.

ALMIGHTY God, you have poured upon us the new light of your incarnate Word: Grant that this light, enkindled in our hearts, may shine forth in our lives; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.
THE LITURGY OF THE WORD

READING  Isaiah 61:10–62:3

I will greatly rejoice in the LORD, my whole being shall exult in my God; for he has clothed me with the garments of salvation, he has covered me with the robe of righteousness, as a bridegroom decks himself with a garland, and as a bride adorns herself with her jewels. For as the earth brings forth its shoots, and as a garden causes what is sown in it to spring up, so the Lord God will cause righteousness and praise to spring up before all the nations. For Zion’s sake I will not keep silent, and for Jerusalem’s sake I will not rest, until her vindication shines out like the dawn, and her salvation like a burning torch. The nations shall see your vindication, and all the kings your glory; and you shall be called by a new name that the mouth of the Lord will give. You shall be a crown of beauty in the hand of the Lord, and a royal diadem in the hand of your God.

Reader  Hear what the Spirit is saying to God’s people.
Assembly  Thanks be to God.

PSALM  Psalm 147:13–21  •  read by all in unison

Worship the Lord, O Jerusalem; * praise your God, O Zion;
For he has strengthened the bars of your gates; * he has blessed your children within you.
He has established peace on your borders; * he satisfies you with the finest wheat.
He sends out his command to the earth, * and his word runs very swiftly.
He gives snow like wool; * he scatters hoarfrost like ashes.
He scatters his hail like bread crumbs; * who can stand against his cold?
He sends forth his word and melts them; * he blows with his wind, and the waters flow.
He declares his word to Jacob, * his statutes and his judgments to Israel.
He has not done so to any other nation; * to them he has not revealed his judgments. Hallelujah! •
**READING**  
*Galatians 3:23–25; 4:4–7*

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian.

But when the fullness of time had come, God sent his Son, born of a woman, born under the law, in order to redeem those who were under the law, so that we might receive adoption as children. And because you are children, God has sent the Spirit of his Son into our hearts, crying, “Abba! Father!” So you are no longer a slave but a child, and if a child then also an heir, through God.

*Reader*  
Hear what the Spirit is saying to God’s people.

*Assembly*  
Thanks be to God.

**All rise as able.**

**THE HOLY GOSPEL**  
*John 1:1–18*

*Presider*  
The Holy Gospel of our Lord Jesus Christ according to John.

*Assembly*  
Glory to you, Lord Christ.

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things came into being through him, and without him not one thing came into being. What has come into being in him was life, and the life was the light of all people. The light shines in the darkness, and the darkness did not overcome it.

There was a man sent from God, whose name was John. He came as a witness to testify to the light, so that all might believe through him. He himself was not the light, but he came to testify to the light. The true light, which enlightens everyone, was coming into the world.

He was in the world, and the world came into being through him; yet the world did not know him. He came to what was his own, and his own people did not accept him. But to all who received him, who believed in his name, he gave power to become children of God, who were born, not of blood or of the will of the flesh or of the will of man, but of God.

And the Word became flesh and lived among us, and we have seen his glory, the glory as of a father’s only son, full of grace and truth. (John testified to him and cried out, “This was he of whom I said, ‘He who comes after me ranks ahead of me because he was before me.’”) From his fullness we have all received, grace upon grace. The law indeed was given through Moses; grace and truth came through Jesus Christ. No one has ever seen God. It is God the only Son, who is close to the Father’s heart, who has made him known.

*Presider*  
The Gospel of the Lord.

*Assembly*  
Praise to you, Lord Christ.

**SERMON**  
The Reverend Canon Nancy Ross
THE NICENE CREED

We believe in one God,
the Father, the Almighty,
Maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary;
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

PRAYERS OF THE ASSEMBLY

After each petition:

Intercessor  Lord, in your mercy,
Assembly  Hear our prayer.

The Presider concludes the prayers with a collect. All respond: Amen.

THE PEACE

Presider  The peace of the Lord be always with you.
Assembly  And also with you.

All greet one another in the name of the Lord.
THE LITURGY OF THE TABLE

All rise as able as the bread, wine and money we offer to God are brought forward and presented at the altar table.

THE GREAT THANKSGIVING  Eucharistic Prayer B  Book of Common Prayer, p. 367

Presider  The Lord be with you.
Assembly  And also with you.
Presider  Lift up your hearts.
Assembly  We lift them to the Lord.
Presider  Let us give thanks to the Lord our God.
Assembly  It is right to give God thanks and praise.
Presider  It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. Because you gave Jesus Christ, your only Son, to be born for us; who, by the mighty power of the Holy Spirit, was made perfect Man of the flesh of the Virgin Mary his mother; so that we might be delivered from the bondage of sin, and receive power to become your children. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

All  Holy, holy, holy Lord, God of power and might,  heaven and earth are full of your glory.  Hosanna in the highest.  Blessed is the one who comes in the name of the Lord.  Hosanna in the highest.

Presider  We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In Him you have delivered us from evil, and made us worthy to stand before you. In Him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: This is my Body, which is given for you. Do this for the remembrance of me.” After Supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “Drink this all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Therefore, according to his command, O Father,

All  We remember his death,  We proclaim his resurrection,  We await his coming in glory;
Presider And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All AMEN.

THE LORD’S PRAYER

All Our Father in heaven,
  hallowed be your Name,
  your kingdom come,
  your will be done,
  on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
  as we forgive those
  who sin against us.
Save us from the time of trial,
  and deliver us from evil.
For the kingdom, the power,
  and the glory are yours,
  now and for ever. Amen.

THE BREAKING OF THE BREAD

Presider Alleluia. Christ our passover is sacrificed for us.
Assembly Therefore let us keep the feast. Alleluia.

INVITATION TO COMMUNION

Presider The gifts of God for the people of God.

All seeking God are welcome at Christ’s Table.
If you need communion brought to your seat, please let any of the liturgical ministers know.
Rice wafers for those who do not eat wheat are available; simply ask for one at the time of communion.
  • Hold out your hand to receive the bread and then eat. Guide the chalice of wine to your mouth and then drink.
  • Or you may leave the bread in your hand for the chalice bearer to dip in the wine and feed you.
  • To receive a blessing instead of communion, simply cross your arms over your chest.

COMMUNION VOLUNTARY Organ Improvisation
All rise as able.

**PRAYER AFTER COMMUNION**

*Presider* Eternal God,
*All* heavenly Father,
you have graciously accepted us
as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.

**BLESSING**

*The Presider asks God’s blessing on the Assembly. All respond: Amen.*

**HYMN 107**

*Good Christian friends, rejoice! ♦ The Hymnal 1982 #107*

TUNE: *In dulci jubilo*

*stanzas 1 & 2*

**DISMISSAL**

*Presider* Let us go forth in the name of Christ.
*Assembly* Thanks be to God.

**VOLUNTARY**

Chorale Prelude on *In dulci jubilo, bwv 729*  J.S. Bach

[tune of Hymn #107]
Sunday Forum: It's time to chalk the doors!
SUNDAY, JANUARY 6, 10:10 A.M. Cathedral Nave
Celebrate the Feast of the Epiphany in style! Grab a cup of coffee and enjoy a piece of King Cake fresh from New Orleans. Then find out what “20+c+m+b+19” means and walk around the Cathedral campus as we “chalk the doors” and ask God’s blessing on this Cathedral house for the coming year. All are welcome.

Epiphany Lessons and Carols
SUNDAY, JANUARY 6, 4:30 P.M., Cathedral Nave
In place of monthly Choral Evensong, Saint Mark’s Cathedral presents a Service of Lessons and Carols celebrating the Feast of the Epiphany. Led by Saint Mark's Evensong Choir, all are invited to join in singing beloved carols and hymns about the Light of the World and its illumination of all people. The choir will offer carols by Warlock and Lauridsen, among others.

Youth Group Service Night with the Mission to Seafarers
SUNDAY, JANUARY 6, 5:30 P.M.–8 P.M. (after Evensong), Leffler Living Room
This month at our youth group night we will be joined by the Mission to Seafarers! We’ll have the opportunity to hear from members of this ministry about their work and experiences and make “ditty bags” filled with toiletries and goodies for the seafarers. Dinner will be provided. Be ready for games and discussion as well! Though our structured youth group programming goes from 5:30–8 p.m., youth are welcome to stay for continued discussion, games, or to do homework until Compline at 9:30 p.m.

Newcomers Coffee with Clergy
SUNDAY, JANUARY 6, AFTER 9 & 11 A.M. SERVICES, Carriage House
Every month Saint Mark’s hosts a conversation with newcomers after both 9 and 11 a.m. services to help us get to know each other, share our stories, and introduce newcomers to Saint Mark’s and the Episcopal Church. Please meet in the back of the cathedral after each service and look for the sign! Questions? Contact Deacon Earl Grout, newcomers@saintmarks.org or 206.518.2833.

After Christmas Sale in The Cathedral Shop
The Cathedral Shop needs to clear out our inventory before the year ends to make room for 2019 merchandise. All Christmas-related items and many other 2018 favorites are now 50% off. You can help the Shop achieve a strong ending to 2018 — and find some great bargains for yourself as well! Drop in early to find the best deals!
CATHEDRAL PRAYER LIST

To add a name to the prayer list, contact 206.323.0300 ×314 or prayers@saintmarks.org. Prayer requests are listed in Sundays & Beyond for approximately four weeks.

The nave altar flowers are given to the glory of God and in celebration of their 30th anniversary by Jennifer and Will Daugherty.

THE CHURCH
Justin Welby, Archbishop of Canterbury; Michael Curry, Presiding Bishop; Greg Rickel, Bishop; all the ministries and communities of this diocese, especially Emmanuel, Eastsound; St. David, Friday Harbor; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD
Donald J. Trump, President; Jay Inslee, Governor; Jenny Durkan, Mayor of Seattle; António Guterres, Secretary General of the United Nations; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Christopher White

THOSE WHO HAVE DIED
Felipe Gomez Alonso
Caroline Chesnut Hanna
George Fox
The Rev. Canon Mike Jackson
Mike Mitchell
Will Notbohm

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT
Janet Adams
Aly & family
Eleanor Brown
The Brugman Family
Cathy & Deb
French
George de la Fuente & family
Maria Do
Henry Jacobs
Mildred Jesse
Geraldine Johnson
Juana & family
Mary Baldwin Kennedy
Vi Lynk
Sharon Masse
Shelley Dykes McGrath
Ginger Minugh

Lanny Mitchell
Scott Nurmi
Ken Olgivie
Jonie Pritchard
G. Pro
Kathy S.
Fawn Sharp
Marianne Snow
Jacqui Stevenson
Kristy Warner
Kari & Matthew Williams
Michael Wilson
Scott Wilson
The Rev. Holly Rankin Zaher
Christina & Jennifer
Daniel & Jason

20s+30s: Questioning Together
MONDAY, JANUARY 7, 7:30–9 P.M., Youth Room
This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We meet on the first Monday of every month. The topic for January: “What do you know of God and how do you know?” Wherever you are in your faith journey, you are welcome. We will meet in the Youth Room, which is in the basement of the Cathedral House. A light dinner will be served. To RSVP (appreciated but not required) or for questions, contact Rachel McNary, rachel.mcrary@gmail.com. We look forward to seeing you there!

Funeral for The Rev. Canon Mike Jackson
The Rev. Canon Mike Jackson was a longtime priest in the Diocese of Olympia who served as assisting priest at Saint Mark’s for many years. His funeral service will be held on Friday January 11, 2019 at 1:30 p.m. in the Cathedral Nave, with a reception to follow in Bloedel Hall.

Cathedral Book Group
SUNDAY, JANUARY 13, 12:30 P.M., Cathedral House 209
Join the Book Discussion on January 13 to discuss The History of Saint Mark’s Episcopal Cathedral and meet with author Alan Davidson. The book, available in the Cathedral Shop, is exhaustively researched, full of fascinating detail and photos that tell story of the early years of this church in Seattle.

Dean Thomason hosts a book conversation: The Soul of America: The Battle for Our Better Angels, by Jon Meacham
TUESDAYS, JANUARY 15 & FEBRUARY 19, 7–8:30 P.M., Leffler Living Room
Pulitzer-Prize winning author Jon Meacham has written a compelling assessment of our current political and social climate in light of historical reflections, offering us a beautiful invitation to summon our “better angels.” Meacham writes: “The good news is that we have come through such darkness before.” Meacham and Dean Thomason attended college together at Sewanee, later serving on the University’s Board of Trustees together in the late 1990s. Books available for purchase in the Cathedral Shop.
Choir School Open House
JANUARY 15, 16, & 23 (Details below), St. Nicholas Bldg., Room 216
Join the Choristers of Saint Mark's for an open rehearsal! Choristers learn how to be well-rounded musicians through ear and vocal training as well as through practicing liturgical leadership in services on Sundays. This active community meets weekly and sings monthly in the beautiful sacred space at Saint Mark's Cathedral, as well as for special events such as Evensongs, Ambassador Tours, and the annual Pageant of the Nativity. The Open House will invite any new singers to join in with the choristers as they practice music for the week through listening skills, music theory learning, and group singing. Parents are welcome to attend, too!

Juniors (5 years and older, beginner level):
Tuesday January 15 4:45-6 p.m.
or Wednesday, January 16, 3:30–4:45 p.m.
Seniors (Ages 8–13, Intermediate level):
Wednesday, January 16, 4:45–6 p.m.
Schola (High school age youth):
Wednesday, January 23, 7:30–8:30 p.m.

Washington Against Nuclear Weapons Coalition
SUNDAY, JANUARY 20, AFTER MORNING SERVICES
Back of the Nave (Coffee Corner)
Those interested in working to prevent the new Nuclear Arms Race can learn about Washington Against Nuclear Weapons at a table in the coffee corner on Sunday, January 20 after each service. Learn about this 40-member coalition whose mission is to engage the public about this issue.

A Commemorative Event for Seattle Civil Rights Leader Edwin T. Pratt
SATURDAY, FEBRUARY 2, 2 P.M., CATHEDRAL NAVE
Saint Mark’s will honor the legacy of Seattle civil rights leader Edwin T. Pratt, featuring speakers from the community and special guests, including Michelle Merriweather of the Urban League; The Rev. Dr. Phyllis Beaumont; King County Councilmember Larry Gossett; and Pratt's daughter, Miriam Pratt Glover.

Pratt was assassinated at the door of his Shoreline home almost 50 years ago. In the 1960s he was the Executive Director of the Urban League of Metropolitan Seattle, establishing initiatives to confront housing discrimination, school segregation, employment bias and police brutality. An Episcopalian, he was a personal friend of Saint Mark's Dean John Leffler. Following Pratt’s murder, the Mayor declared a day of mourning. His memorial service drew over 2,000 people, the largest funeral ever held at Saint Mark's. His remains are inurned in the Chapel of the Resurrection.

With Pratt's death, the city of Seattle lost a great leader, the marginalized in our area lost an effective advocate, and our Diocese lost a trusted member who helped navigate the uncertainties of the late sixties. When he awarded Mr. Pratt the Bishop’s Cross in 1966, Bishop Ivol Curtis said that he was a man of “outstanding insight and understanding,” working for the “devoted and faithful alleviation of racial tensions” and the “building of better relations.”
Sunday, December 30 ✦ The First Sunday after Christmas

HOLY EUCHARIST, 8 A.M. Thomsen Chapel
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector

HOLY EUCHARIST, 9 A.M. Cathedral Nave
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector

HOLY EUCHARIST, 11 A.M. Cathedral Nave
Preacher: The Rev. Canon Nancy Ross, Associate to the Rector

CATHEDRAL YOGA - Cancelled
Cathedral Yoga is on hiatus during the month of December.

CONTEMPLATIVE EUCHARIST, 7 P.M., Thomsen Chapel
With times of silence for reflection, simple meditative music by candlelight. Optional healing prayers are offered following the service.

COMPLINE, 9:30 P.M. Cathedral Nave
Compline is the service of ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Introducing Saint Mark’s Threshold Fund
Saint Mark's has begun collecting for this new fund, which will serve individuals and families in need of financial support to secure safe, permanent housing, modeled after the Hunthausen Fund at St. James Cathedral in Seattle. Funds are used to help with first and last month’s rent and security deposit; average assistance is approx. $1600. Half is made as a gift, half is a loan to be repaid when able. We're partnering with Catholic Community Services to administer the program, which includes case management to ensure support services for those in need. For more information or to make a gift, visit saintmarks.org/threshold.

CATHEDRAL STAFF AND LEADERSHIP

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2018–2019 VESTRY