



SUNDAYS & BEYOND

The Saint Mark's Cathedral weekly newsletter

THE FIRST SUNDAY OF ADVENT ♦ DECEMBER 2, 2018

Prophecy and Promises: Advent Canticles and Nativity Narratives

Canon Nancy Ross & Curate Cristi Chapman

TODAY AND DEC. 9, 10:10 A.M., *Bloedel Hall*

During Advent, we are invited to search out those generative, dark places of our lives where God's deep longings for us are taking root and are waiting to be born. Today we explore the Canticles from Zechariah and Mary that we pray during Advent, exploring the coming of the light. Then on Dec. 9, we look to the deeper truth of our Gospels' different nativity narratives in the light of the incarnation.

The O Antiphons Service of Advent Lessons and Carols

TODAY, 7 PM, *Cathedral Nave*

This beloved annual liturgy of music and pageantry celebrates the beginning of Advent—the season of longing, vigilance, and expectation in preparation for Christmas. With the Cathedral Choir, the Compline Choir, and the Senior Choristers of Saint Mark's Choir School.



New 9 a.m. Eucharistic Liturgy for the Season of Advent

During Advent, the 9 a.m. Holy Eucharist will follow a new order of service, drawn largely from "Prayers for an Inclusive Church" by Steven Shakespeare and other resources, and adapted by the Saint Mark's worship team. Worshippers will recognize the structure and content, including the scriptures appointed by the Revised Common Lectionary, and it has all the elements of the Holy Eucharist as provisioned in the Book of Common Prayer. But its design is intended to incorporate more expansive language, rich in Advent imagery, while moving away from masculine-only references to God. Your feedback is welcome and appreciated. The 8 a.m. and 11 a.m. Eucharists both follow Rite II Eucharistic Prayer B, from the Book of Common Prayer, p. 355.

Regarding the Child Jesus: Approaching a 20th-century Musical Masterpiece

WEDNESDAY, DECEMBER 5, 6:45 P.M., *Bloedel Hall*; *Community dinner: 6-6:30 p.m. (\$7)*

This will be an introduction to Olivier Messiaen's monumental work for solo piano, *Vingt Regards sur l'Enfant Jésus* (*Twenty Visions About the Child Jesus*). Messiaen's music is dazzling, dense, and richly loaded with symbols. Messiaen described his own music as a "theological rainbow." What did he mean, and how might this description help listeners approach his music? Dean Thomason and Canon Kleinschmidt will offer a theological and musical framework for hearing this music, in anticipation of the live performance of the complete work at Saint Mark's on Saturday night, December 8, at 7:30 p.m. (more below.)

Messiaen's *Twenty Visions About the Child Jesus*: Reinis Zariņš, pianist

SATURDAY, DECEMBER 8, 7:30 PM, *Cathedral Nave*

This is truly profound Christmas music! Here is a rare opportunity to hear Olivier Messiaen's penetrating Christmas cycle, *Vingt Regards sur l'enfant Jesus*, in a complete performance by candlelight in a sacred space by a dazzling pianist who has made this 20th-century masterpiece a specialty in his repertoire. This concert is part of the Arts at Saint Mark's Music Series. You can purchase tickets and discover our full season at saintmarks.org/concerts.



Youth Donuts and Discussion

TODAY, 10:10 A.M.-10:55 A.M.,

Youth Room (Basement of Cathedral House)

Middle and High School youth are invited to gather weekly for casual conversations and meaningful discussions over donuts. Come hang out and explore your faith! Today and next Sunday our topic is "O Antiphons: Exploring Advent."

Need a cathedral nametag?

Name tags may be ordered at the Welcome Table after the 9 a.m. service today, or ordered anytime by contacting Mary Frederick, mary@toddfrederick.com.

CATHEDRAL PRAYER LIST

To add a name to our prayer list, contact 206.323.0300 x314 or Joniepr@msn.com. Prayer requests are listed in *Sundays & Beyond* for four weeks, and, if needed, they are listed in the monthly *Ongoing List*, which is found in the Narthex.

THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially St. Timothy, Chehalis; St. Peter, Seaview; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Christopher White

THOSE WHO HAVE DIED

The Rev. Canon Mike Jackson
Mike Mitchell
Wes Romine
Melvin Gilchrist
Kim

THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Janet Adams	Michael Wilson
Casey Anderson	Scott Wilson
Eleanor Brown	The Rev. Holly Rankin Zaher
The Brugman Family	Cameron
Butch Frazier	Christina & Jennifer
George di la Fuente & family	Daniel & Jason
Randy Gilchrist	D.E.
Kit Herrod	Don & Emma
Mike & June Jackson	Emily & Jason
Henry Jacobs	Jessie
Mildred Jesse	Lauren & Lilly
Mary Baldwin Kennedy	Lisa
Shelley Dykes McGrath	M
Ginger Minugh	Margaret & family
Lanny Mitchell	Melinda & Israel
Marianne Snow	Moira
Rich Stanley	Suzy & family
Jacqui Stevenson	

And I, Francis—book release and signing today

TODAY, 8 A.M.-1 P.M., *Cathedral Shop*

Pacific Northwest artist Kathleen Frugé Brown conceived seven scenes from the life of Francis of Assisi in a series of paintings which now belong to Saint Mark's and are on view in the Hallway Gallery through Christmas. Author Lauren Glen Dunlap responds to the paintings in the novella *And I, Francis: The Life of Francis of Assisi in Word and Image*. A new edition of the book reproducing the paintings alongside this creative "autobiography" is available in the Cathedral Shop. Today the shop will hold a book release and signing with artist, author and book designer present.

Christmas Memorial and Thanksgiving Gifts

Help underwrite the beautiful flowers and music of the season by making a special contribution in honor or memory of someone. Make your gift online at saintmarks.org (click "Give" in the upper right corner), or fill out the form inserted in your bulletin today and write a check payable to Saint Mark's Cathedral and note "Christmas Memorials/Thanksgivings." Drop the form and check in the offering plate or return by USPS to: Attn: Christmas Memorials, Saint Mark's, 1245 10th Ave E, Seattle, WA 98102. Contributions received by December 16 will be acknowledged in the bulletins on Christmas Eve and Christmas Day.

20s+30s: Questioning Together

MONDAY, DECEMBER 3, 7:30-9 P.M., *Youth Room*

This group gathering offers a supportive community for those in their 20s and 30s to explore questions of faith and meaning in our time. We will meet on the first Monday of every month. The topic for December: "What challenges your faith? What strengthens it?" Wherever you are in your faith journey, you are welcome. A light dinner will be served; an RSVP is appreciated but not required. To RSVP or for questions, contact Rachel McNary, rachel.mcnary@gmail.com. We look forward to seeing you there!

Advent Waiting: Bible People, Our People

Canon Nancy Ross and Curate Cristi Chapman

WEDNESDAY, DECEMBER 12, 6:45-8:15 P.M., *Bloedel Hall*
Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20)

Dive deeply into Advent, exploring the "waiting" stories of people in both the Hebrew Scriptures and the New Testament and the lessons they teach us today about the challenge of waiting—and the possibility for new life in the midst of uncertainty and difficulty.

Advent Quiet Morning

DECEMBER 15, 9 A.M.-12:30 P.M.

St. Andrew's, 111 NE 80th St., Seattle, WA

This special quiet morning will help you to move deeply into the sacred season of Advent with morning prayer, centering prayer, walking meditation, and unstructured

time for reflection held in shared silence. This is a wonderful time for inner reflection and regenerative stillness as Advent unfolds. This event is co-sponsored by Saint Mark's Cathedral and The Center at Saint Andrew's. Donations (\$10-\$15 suggested) gratefully accepted. Reservations are appreciated; please contact The Rev. Nancy Ross, nross@saintmarks.org.



Regional Youth Advent Party

SUNDAY DECEMBER 16, 1P.M.-4P.M., *St. Columba's Episcopal Church, 26715 Military Rd S, Kent, WA, 98032*
This event is open to all youth in grades 6-12. Episcopal Youth Groups from all over the diocese will come together for an afternoon of holiday fun, festive crafts, and delicious snacks as we ponder the mystery of Advent with new friends. This event is free; if you'd like to attend, contact Nicole Silvernale, nsilvernale@saintmarks.org.

Giving Tree for Mary's Place, Casa Latina, and Lowell Elementary School

BACK OF THE NAVE (COFFEE CORNER)
Saint Mark's has the opportunity to give back with a Giving Tree! Brighten a family's holiday by taking a tag from the tree between now and Dec. 9. Purchase the gift indicated and return the tagged gift (unwrapped for Mary's Place, wrapped for Casa Latina and Lowell School) no later than Sunday, Dec. 16. You can bring gifts to the church office from 9-5 on weekdays, or to the tree in the nave when you come to church on Sunday—but make sure the gift is here on Dec. 16 for our celebration and blessing of gifts! At 10:10 a.m. that day, we'll gather all collected gifts in Bloedel Hall and bless them as a community at 10:30 before delivering them on Monday (see Giving Tree Celebration, below). Questions? Contact Kelly Moody, kmoody@saintmarks.org.

Giving Tree Celebration and Blessing of Gifts, with socks and food collection

SUNDAY, DECEMBER 16, 10:10 A.M., *Bloedel Hall*
Join in this festive gathering and blessing of gifts for children at Lowell Elementary School, Mary's Place, and Casa Latina. At this celebration of giving, we'll decorate cookies and cards for the women of Noel House. We'll also collect new socks for the women of Noel House and non-perishable food for families at Lowell School. Help curb the Christmas break food shortage experienced by many children who count on school-provided meals on school days, and bring comfort to the women who call our parish hall home every Sunday—Thursday night. (Socks and food may also be dropped off at the Cathedral office from 9-4:30 on weekdays through December 14). Particular needs: For Noel House: New wool/blend socks

for adult women. For Lowell School Food Drive: Spaghetti-O's in the peel-open cans; juice boxes, breakfast foods, esp. individual packets of oatmeal or dry cereal, canned goods—soup, vegetables, beans, fruit; peanut butter, especially individual cups; snacks like cereal bars, individual fruit cups, popcorn, etc.

Pageant of the Nativity

TUESDAY, DECEMBER 18, 7 P.M., *Cathedral Nave*
Saint Mark's Junior and Senior Choristers, the Cathedral Evensong Choir and young children of the community join forces in this dramatic telling of the nativity story. Costumes of cathedral finery, visual art displayed within cathedral architecture, and over 50 choristers accompanied by instrumentalists and the Flentrop organ will bring to life the story of the birth of Christ. Free will offering.

Blue Christmas service

THURSDAY, DECEMBER 20, 7 P.M.
This special Eucharist will be offered in Thomsen Chapel for those who find the holiday season a difficult or painful time.

Buy a holiday card to benefit Noel House

Women's Shelter

This holiday season, consider buying Noel House greeting cards to send to friends and family. The purchase of a Noel House card helps fund a hot meal and a warm place to stay for a woman experiencing homelessness. Cards will be for sale in the coffee corner on December 2, 9, and 16. Suggested donation per card: \$10; cash or checks are accepted, made out to "Noel House Programs." Any questions, contact noelhouse@saintmarks.org or to order cards directly, visit: noelhouse.org.

Dean Thomason hosts a book conversation: *The Soul of America: The Battle for Our Better Angels*, by Jon Meacham

TUESDAYS, JAN. 15, FEB. 19 AND MAR. 19, 7-8:30 P.M., *Leffler Living Room*
Pulitzer-Prize winning author Jon Meacham has written a compelling assessment of our current political and social climate in light of historical reflections, offering us a beautiful invitation to summon our "better angels." Meacham writes: "The good news is that we have come through such darkness before." Meacham and Dean Thomason attended college together at Sewanee, later serving on the University's Board of Trustees together in the late 1990s. Books available for purchase in the Cathedral Shop. All are welcome.



SAINT MARK'S
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102
206.323.0300
info@saintmarks.org
saintmarks.org

Wherever you are on
your journey of faith,
you are welcome here.

Weekday Service Times

MONDAY – FRIDAY, 6:30 P.M.
Evening Prayer in Thomsen Chapel
MONDAY, 7:15 P.M.
Centering Prayer in Thomsen Chapel
WEDNESDAY, 12 NOON
Holy Eucharist in Thomsen Chapel
THURSDAY, 7 A.M.
Holy Eucharist in Thomsen Chapel

Cathedral Office Hours

MONDAY-FRIDAY, 9 AM – 4:30 P.M.
Questions, or need to reach a member of the
Clergy or Staff? The Cathedral Office main
number is 206-323-0300.

SUNDAYS & BEYOND

Sundays & Beyond is a weekly publication of
updates, events and activities happening on
campus, and the Cathedral prayer list. It is available
by electronic subscription, on Saint Mark's website,
and in print in the nave. To submit announcements
for these publications, visit
saintmarks.org/announce. Requests are due by
Monday at 5 p.m. for publication on the following
Sunday. Announcements may be edited for space
and content.

Sunday, December 2 ♦ The First Sunday of Advent

HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
HOLY EUCHARIST, 9 A.M. *Cathedral Nave*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
SUNDAY FORUM, 10:10 A.M. *Bloedel Hall*
Prophecy and Promises: Advent Canticles, with Canon Nancy Ross and
Curate Cristi Chapman
HOLY EUCHARIST, 11 A.M. *Cathedral Nave*
Preacher: The Very Rev. Steven L. Thomason, Dean and Rector
THE O ANTIPHONS SERVICE, 7 P.M. *Cathedral Nave*
A beloved annual service of Advent lessons and carols, more on pg. 1.
COMPLINE, 9:30 P.M. *Cathedral Nave*
Compline is the service of ancient nighttime prayers, sung by the
Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

Glassybaby Trunk Show

TODAY, 9 A.M.-1 P.M., *The Cathedral Shop*
Join us for a trunk show of Glassybaby votives and drinkers in the Cathedral
Shop today. These beautiful pieces are made at hot shops in Seattle and Berke-
ley, more than 80 glassblowers hand craft each unique piece, from “sand to
hand to heart.”

The Holy Folders need your help!

FRIDAY, DECEMBER 21, 1 P.M., *Bloedel Hall*
Have a little free time on Friday, Dec. 21 at 1 p.m. to help the Holy Folders
stuff the Christmas bulletins with important inserts? No previous experience
necessary! Just contact Barbara Erickson at bje46@msn.com to volunteer. We'll
uphold the tradition of having an assortment of treats available!

Last Call! Visit Holden Village in Summer 2019

AUGUST 19-24, 2019
Saint Mark's is organizing a group to visit Holden Village the week of August
19-24, 2019. Holden is a remote Christian retreat center where guests can
experience an intentional community focused on a daily pattern of commu-
nity, life, learning and worship. Cost for a weeklong visit for a family of four is
about \$1,600. Head “up the mountain” with us to experience sacred and joyous
Christian community in the heart of the North Cascades! Group reservations
are due in just a few days. If you are interested, please let Neil Gavin
(neilgavin777@gmail.com) know by Wednesday, Dec. 5.

CATHEDRAL STAFF AND LEADERSHIP

Adam Conley, <i>Seattle Service Corps Director</i>	aconley@saintmarks.org	Ligia Pucci, <i>Choir School Assistant Conductor</i>	lpucci@saintmarks.org
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2018-2019 VESTRY

Dean and Rector: The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Vice Chancellor:* Re Knack; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.