



# SUNDAYS & BEYOND

*The Saint Mark's Cathedral weekly newsletter*

THE FIRST SUNDAY AFTER THE EPIPHANY ♦ JANUARY 13, 2019

## 2019 Annual Parish Meeting and festive meal

JANUARY 27, 12:30 P.M., *Bloedel Hall*

You're invited to join a festive parish meal and the 2019 Annual Meeting. The meeting will include an election of parish vestry members and delegates/alternates to Diocesan Convention. You must be present to vote—there is no provision for absentee ballots. A brochure featuring the candidates is available in the back of the Nave today. We'll also hear ministry reports, and the 2019 budget. This is a wonderful opportunity to celebrate our vibrant parish. Please bring something to share at the potluck lunch. We suggest the following guidelines: Potluck items should feed at least 8-10 people. To ensure balanced options:

A-I last names, please bring a side or salad

J-R last names, please bring a dessert

S-Z last names, please bring a main course

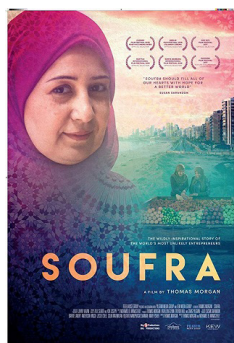
## Special Parish Conversation about Border Ministry

WEDNESDAY, JANUARY 16, 6:45-8:15 P.M., *Bloedel Hall*

*Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20)*

Dean Thomason and Canon Nancy Ross will offer reflections on their recent trip to the U.S.-Mexican

border as we consider a collaborative project in support of refugees and immigrants, on the border and here in the Seattle region. Those present will be invited into conversation as we envision this potential ministry together. All are welcome; please encourage others to join you who may be interested. For more background, read Dean Thomason's blog from the trip at [saintmarks.org/border](http://saintmarks.org/border).



## "Finding Home", The Sixth Annual Mideast Focus Film Series Begins February 1!

FRIDAYS, BEGINNING FEBRUARY 1, 6:15 p.m. Reception, 7 p.m. Film, *Bloedel Hall, Free admission*

Join us on First Fridays, beginning February 1, for the Sixth Annual Mideast Focus Film Series. This year's theme is "Finding Home." We live with the reality of refugees struggling for survival—at our own borders, and at the borders in Gaza, and in the West Bank. We want to become more understanding of their reality, and the role we play in it. Each film will be hosted by someone uniquely experienced with the film's subject. On February 1, we begin at a special time for a celebratory opening reception at 6:15 p.m., with food prepared by refugees hailing from the Middle East who are now our neighbors. Come and help us celebrate their presence among us! Then at 7 p.m., we'll screen the multi-award winning film "SOUFRA" ("dining table" in Arabic). In this

inspiring story, a group of women living in a refugee camp on the outskirts of Beirut start the collaborative catering company "Soufra", which leads to surprising and savory success despite a myriad of obstacles.

## Cathedral Book Group

TODAY, 12:30 P.M., *Cathedral House 209*

Join the Book Discussion on January 13 to discuss *The History of Saint Mark's Episcopal Cathedral* and meet with author Alan Davidson. The book, available in the Cathedral Shop, is exhaustively researched, full of fascinating detail and photos that tell the story of the early years of this church in Seattle.

## Meet the vestry candidates

On Sunday, January 20 the candidates for vestry will be introduced at all three morning services. They will be available after services, so please greet them and ask any questions you may have. The candidates are: Kristen Austin, Roy Hughes, Roberta Kanive, Robert Kirkman, George "G" Pro, Marjorie Ringness, Michael Seewer, and Robert Stevens. The election for vestry and representatives to Diocesan Convention will occur at the annual meeting on Sunday, January 27 after the 11:00 a.m. service. Questions? Contact John Selberg ([jaselberg@aol.com](mailto:jaselberg@aol.com)) or Lynne Markova ([lsmarkova@comcast.net](mailto:lsmarkova@comcast.net).)

## CATHEDRAL PRAYER LIST

To add a name to the prayer list, contact 206.323.0300 x314 or [prayers@saintmarks.org](mailto:prayers@saintmarks.org). Prayer requests are listed in *Sundays & Beyond* for approximately four weeks.

The altar flowers in the nave are given to the glory of God and in loving memory of The Rev. Canon Mike Jackson.

### THE CHURCH

Justin Welby, *Archbishop of Canterbury*; Michael Curry, *Presiding Bishop*; Greg Rickel, *Bishop*; all the ministries and communities of this diocese, especially Christ Church, Seattle; St. Andrew, Seattle; the clergy, staff and vestry of Saint Mark's Cathedral; all the ministries of Saint Mark's.

### THE WORLD

Donald J. Trump, *President*; Jay Inslee, *Governor*; Jenny Durkan, *Mayor of Seattle*; António Guterres, *Secretary General of the United Nations*; Israel, Palestine, Pakistan, North Korea, Afghanistan, Iran, Iraq, Libya, South Sudan, Zimbabwe, Syria, Turkey, Nigeria, Yemen, Kenya, the Philippines, Sri Lanka.

### ALL WHO SERVE IN THE ARMED FORCES & THEIR FAMILIES: Christopher White

### THOSE WHO HAVE DIED

Otis W. Howe, Jr.	Hank Noordham
Felipe Gomez Alonzo	Will Notbohm
Caroline Chesnut Hanna	

### THOSE WHO HAVE DIED IN DECEMBER WHILE HOMELESS IN SEATTLE

Farhan Karshe  
Taylor Goehring  
Thomas Papageorge  
Matthew Devasure

### THOSE WHO ARE SICK OR SUFFERING IN ANY WAY, IN BODY, MIND, OR SPIRIT

Aly & family	Ken Olgivie
Mark Ayuda and Mochi	Jonie Pritchard
Norman & Stephanie Booth	G. Pro
John Patrick Burke	Kathy S.
Cathy & Deb	Don and Lil Snow
Louise French	The Snyder family
Raissa DeSmet	Pam and Dave Tinsley,
Geraldine Johnson	Katie and family
Juana & family	Kathy Thomason
Vi Lynk	John Vendelin & Robin Wood
Jim and Ruth Mulligan	Kari & Matthew Williams
Taylor Notaro	Scott Wilson
Scott Nurmi	

## Dean Thomason hosts a book conversation: *The Soul of America: The Battle for Our Better Angels*, by Jon Meacham

TUESDAYS, JANUARY 15 & FEBRUARY 19, 7-8:30 P.M.,  
*Leffler Living Room*

Pulitzer-Prize winning author Jon Meacham has written a compelling assessment of our current political and social climate in light of historical reflections, offering us a beautiful invitation to summon our "better angels." Meacham writes: "The good news is that we have come through such darkness before." Meacham and Dean Thomason attended college together at Sewanee, later serving on the University's Board of Trustees together in the late 1990s. Books available for purchase in the Cathedral Shop.

## Choir School Open House

JANUARY 15, 16, & 23 (*Details below*), *St. Nicholas Bldg., Room 216*

Join the Choristers of Saint Mark's for an open rehearsal! Choristers learn how to be well-rounded musicians through ear and vocal training as well as through practicing liturgical leadership in services on Sundays. This community meets weekly and sings monthly in the sacred space at Saint Mark's Cathedral, as well as for special events such as Evensongs, Ambassador Tours, and the annual Pageant of the Nativity. The Open House will invite new singers to join in as choristers practice music for the week. Parents are welcome to attend, too!

Juniors (*5 years and older, beginner level*):

Tuesday January 15 4:45-6 p.m.

*or* Wednesday, January 16, 3:30-4:45 p.m.

Seniors (*Ages 8-13, Intermediate level*):

Wednesday, January 16, 4:45-6 p.m.

Schola (*High school age youth*):

Wednesday, January 23, 7:30-8:30 p.m.

## Deacon Earl Grout and Canon Jennifer Daugherty on Pilgrimage to the Holy Land

Deacon Earl and Canon Jennifer leave January 16 for a ten-day pilgrimage with a group of Episcopal clergy to Palestine/Israel. They ask your prayers for them and their fellow travelers as they visit the sites and shrines associated with the life of Jesus and learn more of the foundational stories of our faith. They will be meeting with the Christians of today's Holy Land and discovering first hand something of the reality of the Palestinian/Israeli conflict. On Sunday, March 24, they will share their reflections on the pilgrimage at the 10:10 a.m. forum in Bloedel Hall.

## Celebrating the Life and Legacy of Edwin Pratt: A Preview

SUNDAY, JAN. 20, 10:10-10:55 A.M., *Bloedel Hall*

Saint Mark's will host a commemorative event to honor Edwin Pratt in February. Community leaders will speak about his legacy fifty years after his assassination and

his surviving family members will be at hand. We expect to hear about how far our community has come in the march for social justice and how far we have yet to go. Parishioner Brett Bowton-Meade will share how the program has come together and how our parishioners can participate. We will also open the Columbarium from 9:30 to 11:30 a.m. so you can take it in and see the resting place of Pratt's remains.

### **Practicing Gratitude as the Gift of Life, facilitated by Dean Thomason**

WEDNESDAY, JAN. 23, 9, 6:45-8:15 P.M., *Bloedel Hall*  
*Community dinner: 6-6:30 p.m. (adults \$7, children \$5, max family \$20)*

Brene Brown says: "Today we live in a culture of scarcity; a culture of 'never enough.'" It is a vortex of endless insufficiency. There is another way. The antidote is practicing gratitude, not as a whimsical emotion, but as the deep well of true life available to us all. We were created to discover this! How do we tap gratefulness in meaningful ways, and how does gratefulness color all of life? Dean Thomason will offer reflections on such questions, and invite those present into conversation.

### **Concert on the Flentrop Organ: Paul Jacobs**

FRIDAY, JANUARY 25, 7:30 P.M., *Cathedral Nave*  
Hailed as "one of the major musicians of our time" (*The New Yorker*) and a leading concert organist, Paul Jacobs is also Professor of Organ at The Juilliard School in New York, NY. Performing for the first time on the Flentrop organ, Paul will feature Bach, Mozart, Liszt, Ives, and Weaver on a varied program celebrating classical and modernist works. Tickets may be purchased at [saintmarks.org/concerts](http://saintmarks.org/concerts).

### **Raising the Roof: Immigration and Christian Responsibility – Sanctuary at Saint Mark's welcomes The Rev. Nancy Frausto**

SATURDAY, FEB. 16, 9 A.M. – 12:30 P.M., *Bloedel Hall*  
(*Rev. Frausto will also preach at all morning services on Sunday, Feb. 17 and will be part of the "Friends Talking" Forum with Dean Thomason at 10:10 that morning.*)

The Rev. Nancy Frausto of St. Luke's Episcopal Church in Long Beach, California raised the roof at General Convention last summer! A founding member of the Diocese of Los Angeles Sanctuary Task Force and a Dreamer (DACA recipient), she is a powerful preacher and teacher and witness to the power of God's liberating love. Her workshop at Saint Mark's brings together personal story, the state of immigration in our country, and our responsibility and action as Christian community. Come be part of the conversation!



### **A Commemorative Event for Seattle Civil Rights Leader Edwin T. Pratt**

SATURDAY, FEB. 2,  
2 P.M., *Cathedral Nave*

Saint Mark's will honor the legacy of Seattle civil rights leader Edwin T. Pratt, featuring speakers from the community and special guests, including Michelle Merriweather of the Urban League; The Rev. Dr. Phyllis Beaumonte; King County Councilmember Larry Gossett; and Pratt's daughter, Miriam Pratt Glover.

Pratt was assassinated at the door of his Shoreline home almost 50 years ago. In the 1960s he was the Executive Director of the Urban League of Metropolitan Seattle, establishing initiatives to confront housing discrimination, school segregation, employment bias and police brutality. An Episcopalian, he was a personal friend of Saint Mark's Dean John Leffler. Following Pratt's murder, the Mayor declared a day of mourning. His memorial service was the largest ever held at Saint Mark's; his remains are inurned in the Chapel of the Resurrection. With Pratt's death, the city of Seattle lost a great leader, the marginalized in our area lost an effective advocate, and our Diocese lost a trusted member who helped navigate the uncertainties of the late sixties.



### **Just a few spaces left for Saint Mark's Women's Retreat on Whidbey Island**

APRIL 26-28,  
*Camp Casey on Whidbey Island*  
Reflect, share, listen, learn, rest, grow... a women's weekend away with Saint Mark's clergy women and a spiritual retreat



facilitator to explore themes of discerning the movement of the Spirit in our lives, both moving from dark valleys into transformative living and acknowledging the points of light and expanding into them. Time for contemplation, conversation, enjoying nature, worship, and each other. Fee: \$200—includes two nights lodging (single rooms) and all meals. Questions? Contact The Rev. Cris Chapman, [cchampan@saintmarks.org](mailto:cchampan@saintmarks.org).



**SAINT MARK'S**  
EPISCOPAL CATHEDRAL

1245 Tenth Ave East, Seattle, WA 98102  
206.323.0300  
info@saintmarks.org  
saintmarks.org

*Wherever you are on  
your journey of faith,  
you are welcome here.*

**Weekday Service Times**

- MONDAY – FRIDAY, 6:30 P.M.  
Evening Prayer in Thomsen Chapel
- MONDAY, 7:15 P.M.  
Centering Prayer in Thomsen Chapel
- WEDNESDAY, 12 NOON  
Holy Eucharist in Thomsen Chapel
- THURSDAY, 7 A.M.  
Holy Eucharist in Thomsen Chapel

**Cathedral Office Hours**

MONDAY-FRIDAY, 9 AM – 4:30 P.M.  
Questions, or need to reach a member of the Clergy or Staff? The Cathedral Office main number is 206-323-0300.

**SUNDAYS & BEYOND**

*Sundays & Beyond* is a weekly publication of updates, events and activities happening on campus, and the Cathedral prayer list. It is available by electronic subscription, on Saint Mark's website, and in print in the nave. To submit announcements for these publications, visit [saintmarks.org/announce](http://saintmarks.org/announce). Requests are due by Tuesday at 5 p.m. for publication on the following Sunday. Announcements may be edited for space and content.

*Sunday, January 13 ♦ The First Sunday after the Epiphany*

- HOLY EUCHARIST, 8 A.M. *Thomsen Chapel*  
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- HOLY EUCHARIST, 9 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- SUNDAY SCHOOL, 10:10 A.M. *Various locations*  
Offerings for children/youth preschool through high school. Ask at the Welcome Table or pick up a blue map for classroom locations.
- HOLY EUCHARIST, 11 A.M. *Cathedral Nave*  
Preacher: The Rev. Canon Jennifer King Daugherty, Associate to the Rector
- BOOK GROUP, AFTER 12:30 P.M. *Cathedral House 209*  
Regular gathering of Cathedral Book Group, more on page 1.
- CATHEDRAL YOGA, 6 P.M. *Cathedral Nave*  
A spiritual practice open to all.
- CONTEMPLATIVE EUCHARIST, 7 P.M., *Thomsen Chapel*  
With times of silence for reflection, simple meditative music by candlelight. Optional healing prayers are offered following the service.
- COMPLINE, 9:30 P.M. *Cathedral Nave*  
Compline is the service of ancient nighttime prayers, sung by the Compline Choir. A Seattle tradition, broadcast live on KING 98.1 FM.

**Northwest Community Bail Fund Volunteer Training**

SATURDAY, JAN. 19, 10 A.M.-3 P.M. *University Congregational United Church of Christ, 4515 16th Ave. NE, Seattle, WA 98105*  
The Northwest Community Bail Fund is excited to invite you to a volunteer training session. We'll introduce you to the concept and history of bail funds, and get into specifics about the organization and our volunteer needs. There are many opportunities of varying skill levels. We look forward to meeting each of you and discovering the best fit. Lunch and snacks provided. There is a pay parking lot adjacent to the church, street parking available and paid lots across the street at the University of Washington. Kindly RSVP to Becky at [becky.ncbf@gmail.com](mailto:becky.ncbf@gmail.com).

**Washington Against Nuclear Weapons Coalition**

SUNDAY, JANUARY 20, AFTER MORNING SERVICES *Back of the Nave (Coffee Corner)*  
Those interested in working to prevent the new Nuclear Arms Race can learn about Washington Against Nuclear Weapons at a table in the coffee corner on Sunday, January 20 after each service. Learn about this 40-member coalition whose mission is to engage the public about this issue.

**CATHEDRAL STAFF AND LEADERSHIP**

- Adam Conley, *Seattle Service Corps Director* . . . . . [aconley@saintmarks.org](mailto:aconley@saintmarks.org)
- Barbara Martin, *Childcare Center Director* . . . . . [childcare@saintmarks.org](mailto:childcare@saintmarks.org)
- Cristi Chapman, *Curate* . . . . . [cchapman@saintmarks.org](mailto:cchapman@saintmarks.org)
- Earl Grout, *Deacon* . . . . . [egrout@saintmarks.org](mailto:egrout@saintmarks.org)
- Emily Austin, *Deacon* . . . . . [eaustin@saintmarks.org](mailto:eaustin@saintmarks.org)
- Erik Donner, *Executive Assistant & Membership Support* . . . . . [edonner@saintmarks.org](mailto:edonner@saintmarks.org)
- Gaye Scott, *Cathedral Shop Manager* . . . . . [gscott@saintmarks.org](mailto:gscott@saintmarks.org)
- Glenn Sands, *Facilities Manager* . . . . . [gsands@saintmarks.org](mailto:gsands@saintmarks.org)
- Gregory Bloch, *Shop Associate & Liturgical Assistant* . . . . . [gbloch@saintmarks.org](mailto:gbloch@saintmarks.org)
- Ian Ford, *Sexton* . . . . . [ian@saintmarks.org](mailto:ian@saintmarks.org)
- Irene Beausoleil, *Events & Office Coordinator* . . . . . [ibeausoleil@saintmarks.org](mailto:ibeausoleil@saintmarks.org)
- Jason Anderson, *Compline Choir Director* . . . . . [director@complinechoir.org](mailto:director@complinechoir.org)
- Jennifer King Daugherty, *Associate to the Rector* . . . . . [jkdaugherty@saintmarks.org](mailto:jkdaugherty@saintmarks.org)
- John Stuntebeck, *Associate Organist* . . . . . [john\\_stuntebeck@hotmail.com](mailto:john_stuntebeck@hotmail.com)
- Karen Komoto, *Finance Manager* . . . . . [kkomoto@saintmarks.org](mailto:kkomoto@saintmarks.org)
- Kelly Moody, *Director of Children's and Family Ministries* . . . . . [kmooddy@saintmarks.org](mailto:kmooddy@saintmarks.org)

- Ligia Pucci, *Choir School Assistant Conductor* . . . . . [lpucci@saintmarks.org](mailto:lpucci@saintmarks.org)
- Liz Bartenstein, *Communications Director* . . . . . [lbartenstein@saintmarks.org](mailto:lbartenstein@saintmarks.org)
- Madeleine Stephens, *Music Administrator* . . . . . [mstephens@saintmarks.org](mailto:mstephens@saintmarks.org)
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- Rebekah Gilmore, *Associate Musician & Choir School Director* . . . . . [rgilmore@saintmarks.org](mailto:rgilmore@saintmarks.org)
- Steve Thomason, *Dean & Rector* . . . . . [sthomason@saintmarks.org](mailto:sthomason@saintmarks.org)

**2018-2019 VESTRY**

*Dean and Rector:* The Very Rev. Steven L. Thomason; *Senior Warden:* Lynne Markova; *Junior Wardens:* Cara Peterson and Bob Chapman; Vinh Do, Ralph Ermoian, Amanda Davis, Andrew Himes, Jim Buskirk, Neshia Alaovae, Rosemarie LeMoine, Julia Logan, Michael Perera. *Diocesan members:* Greg Walrath, Mary Maxon. *Chancellor:* John Hoerster; *Vice Chancellor:* Re Knack; *Treasurer:* Phil Lloyd; *Clerk:* Jenny Donner; *Bishop's Representative:* The Rev. Canon Marda Steedman Sanborn.